

Calhoun County Schools

Breakfast October 2014

Monday	Tuesday	Wednesday	Thursday	Friday
		Oct - 1 Breakfast Bagel OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Oct - 2 Egg Cheese Biscuit OR Cereal Cereal Bar With Juice Assorted With Fruit Choice Milk Choice	Oct - 3 Sausage Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice
Oct - 6 Poptart Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 7 Ham Cheese Croissant OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Oct - 8 Waffle Sticks Sausage Link OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 9 Breakfast Pizza OR Poptart Yogurt With Fruit Choice With Juice Assorted Milk Choice	Oct - 10 Chicken Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice
Oct - 13 Fall Break	Oct - 14 Fall Break	Oct - 15 Muffin, WG Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 16 Burrito, Breakfast OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Oct - 17 Pancakes Sausage Patty OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice
Oct - 20 Poptart Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 21 Pancake Pups OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 22 Breakfast Bagel OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Oct - 23 Egg Cheese Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 24 Sausage Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice
Oct - 27 Poptart Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 28 Ham Cheese Croissant OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Oct - 29 Waffle Sticks Sausage Link OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 30 Breakfast Pizza OR Poptart Yogurt With Fruit Choice With Juice Assorted Milk Choice	Oct - 31 Chicken Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice

This institution is an equal opportunity provider
Menu subject to change

Meals must have 1/2 cup fruit or vegetable and at least 2 other choices (meat, bread/grain or milk) as part of the Offer vs Serve Program.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.